

ACROSS

- 8 Change for the better (5)
- 9 Chilled beverage (4,3)
- 10 Track or field competitor (7)
- 11 Short and fat (5)
- 12 Shred (4,5)
- 14 Combine (3)
- 15 Took nourishment (3)
- 16 Bathroom drying-cloth ainer (5,4)
- 19 Chocolate/coffee mixture (5)
- 21 Discharge (of liquid) (7)
- 23 Burdens (with) (7)
- 24 Gum for sticking (5)

DOWN

- 1 Blank, empty (6)
- 2 Put into different words (8)
- 3 Boundary (4)
- 4 Movie house (6)
- 5 Abstaining (8)
- 6 Puncture with a knife (4)
- 7 Upper part of the windpipe (6)
- 13 In fact, to tell the truth (8)
- 14 Vegetarian (8)
- 15 Well-nigh (6)
- 17 Swift movement or flow (6)
- 18 Understated (3-3)
- 20 Relinquish, hand over (4)
- 22 Adhesive strip (4)

